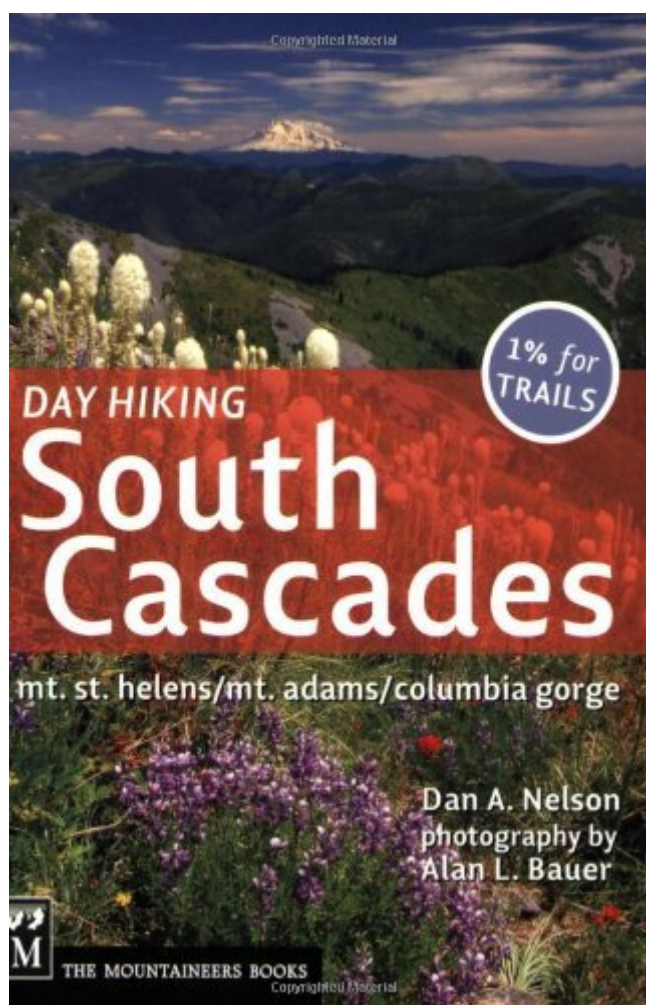


The book was found

# Day Hiking, South Cascades: Mt. St. Helens / Mt. Adams / Columbia Gorge (Done In A Day)



## Synopsis

Introducing next-generation trail guides for the Northwest. We asked hikers what they want in a trail guide today and this is what they said: more day hikes, with options for extending the trip; hike selection conveniently arranged by highway and travel corridors; more hikes close to urban centers; more year-round hikes at low elevation; clear driving directions; a portable size; and more use of color. To meet the needs of the modern hiker, The Mountaineers Books introduces its new Day Hiking guidebook series, written by Northwest residents with impressive hiking resumes. These guides provide accurate information in attractive, high-quality packaging and are infused with the environmental ethic that distinguishes The Mountaineers Books from other outdoor publishers.

## Book Information

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## Customer Reviews

The book is one of a whole series of "day hiking" books put out by the Mountaineers Books. They are among the very best guidebooks for those looking for solid, reliable information on hikes that can be accomplished in a day. The book covers 125 hikes divided into nine areas -- The White Pass Corridor/Cowlitz River Valley, Dark Divide/Cispus Area, the Lewis

River Region, the Goat Rocks Region, the Mount Adams Area, Indian Heaven/Trapper Creek Region, Siouxon/Silver Star Area, Mt. St. Helens Area, and the Columbia River Gorge Area. For each hike, it gives the difficulty, distance, elevation and height gain, and the season when the hike is possible. The last is particularly important given the wide range of altitudes. A "quick guide" in the front helps in picking out hikes of particular interest from bird watching and waterfalls, to berry picking and finding solitude. Equally useful are the clear directions and maps.

Refer to my review on Dan Nelson's Mt Rainier book. But the bottomline: this is the best general hiking book on the South Cascades; you can do no better than to get one via the Mountaineers.

The stunning color plates in the front lead you into very detailed trail information. The "Quick Guide to Hikes" lists are broken down headings like "Waterfall Hikes", "Best Hikes to pick berries" or "Best Hikes for Birdwatching" fabulously detailed information! I find all Mountaineers hiking books filled with succinct information maps, trail ratings & important information necessary to hike safely.

A good hiking book for southern washington.

I use this book SO much! It has an awesome section that pulls out certain trails that are great for particular adventures. Maps of the area and descriptions of what you will find on the trail. I particularly like the topographic tidbits that help you to understand more about elevation gain and highest point reached. I'll be buying more of these!

Love it! Great book with wonderful details, and a nice variety of distances/difficulty of the hikes.

This book is an excellent resource for many of the good day hikes in the area. As with all these types of books, the condition of any of the trails may change from when it was written, as well as the access. If possible, check with the Forest Service or plan a secondary hike in the case that your first choice isn't available. My son continues to find new places to put our feet on the days we have to hike and this book has given him "new" places to discover!

Great book with up-to-date trails and their conditions. Descriptions are clear and accurate

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